



**Kin Canada**  
Kinsmen • Kinettes • Kin



### **Kin – CF Partnership**

In 1963, Kinsman Bill Skelly of the Kinsmen Club of North York spoke with Dr. Douglas Crozier, the Director of the Cystic Fibrosis Clinic at The Hospital for Sick Children. It left Bill interested in joining the fight against CF. As a result, Dr. Crozier was invited to speak at a meeting of the North York Kinsmen Club and they quickly began backing the CF cause.

The next year, District 8 (which included the North York Kinsmen) adopted Cystic Fibrosis Canada as its District Service Project and in 1987, Kin Canada followed suit, naming cystic fibrosis as its National Service Project.

In 2012, Kin, Kinsmen and Kinette groups surpassed the \$40 million mark in donations to Cystic Fibrosis Canada!

### **What is CF?**

Cystic fibrosis (CF) is the most common fatal genetic disease affecting Canadian children and young adults. CF is a multi-system disease that affects mainly the lungs and the digestive system. In the lungs, where the effects of the disease are most devastating, CF causes increasingly severe respiratory problems. Mucus and protein also build up in the digestive tract making it difficult to digest and absorb nutrients from food.

*Kinsmen, Kinette and Kin Clubs across Canada have raised almost \$40 million for cystic fibrosis research and care programs.*

### **Kin-CF Facts**

- Approximately \$1 in \$4 that Cystic Fibrosis Canada has put into CF research and care programs has come from Kin, Kinsmen and Kinette Clubs.
- When the Kin family first joined the cause in 1964, those with CF were not expected to live long enough to reach kindergarten; today, almost half of all Canadians with cystic fibrosis are expected to live into their 40s and beyond.
- The discovery of the CF gene in 1989 would not have been possible without the tremendous help of Kin across Canada.
- For almost every year of Kin support, an extra year of life has been gained for a child with cystic fibrosis.

### **Cystic Fibrosis Facts**

- There is no cure; cystic fibrosis is the most common fatal inherited disease amongst Canadian children and young adults.
- The gene responsible for CF was discovered in 1989 and about 1 in 25 Canadians is a carrier.
- For many people living with CF, each day consists of various physical and inhalation therapies, lasting for hours.
- On average, a person with cystic fibrosis spends around the equivalent of four months of full-time work doing treatments every year.
- Virtually all CF-related deaths are due to lung disease.

### **Additional Stats**

- There are approximately 4,000 Canadians living with CF.
- 1 in every 3,600 children born in Canada has cystic fibrosis.
- Each week, 1 Canadian with CF dies and 2 more are diagnosed.
- Cumulatively, CF patients spent over 20,000 days in the hospital and attended nearly 15,000 clinic visits in 2010.

Visit [www.cysticfibrosis.ca](http://www.cysticfibrosis.ca) or [www.kincanada.ca](http://www.kincanada.ca) for more information.